



Trusted Training
& Compliance



On Road Driver Coaching Cars

Course Overview

- This one-to-one driver coaching is designed to determine the driver's risk areas for the category of vehicle they drive. An initial assessment to identify gaps and set goals will be followed by a bite-sized practical session to optimise and reinforce key training objectives.
- The driver will be coached to overcome barriers, apply eco-driving techniques and focus on relapse prevention.
- Focus on observation, anticipation and concentration.

Delivery Formats

Duration

3.5
hours

Delegates

1
driver

Course Outline

Introduction

- Explain this is not a test.
- Safe and fuel-efficient driving.
- Consequences of bad driving.
- Define objectives and identify specific training needs.
- Setting general goals for the session.

Assessment Drive & Coaching Session

- Identify barriers (setting graded tasks).
- Suggest areas for improvement (different way of driving).
- Benefits (role model) and consequences (avoid relapse).
- Agree three training objectives (what success looks like).
- Demonstration drive if required by trainer and insured by client.
- Bite-sized, client-centred learning dealing with at least three training objectives.
- Discuss progress (have realistic and achievable objectives been met in the time allowed?).
- Setting additional objectives if required.
- How and where best to park to avoid damage and risk.
- Reverse bay parking, parallel parking and recognise benefits.

Course Review

- What drivers are taking away in terms of knowledge and awareness.
- Complete and discuss the training report.
- Advice for ongoing development.

At the end of the course driver's will be able to:



Commence the habit of good observation, anticipation, planning and apply fuel-efficient driving techniques.



Identify hazards and ability to read the road ahead.



Identify varying speed limits for the vehicle category and road type and apply appropriate speed for the conditions.



Explain and demonstrate safe parking and manoeuvring practices, overcome personal barriers to safe driving, develop and apply enhanced hazard awareness skills.



Recognise the need to change behaviour by identifying and achieving objectives and setting goals for the future.

Logistics

In order to facilitate an On-Road Driver Coaching session participants will need to:

- Be able to read a number plate from 20 metres in good day light with or without corrective vision
- Produce their driving licence or if they do not have it with them, agree to undertake a check with the DVLA.
- Ensure vehicle lights and warning instruments to be in good working order
- Ensure vehicle tyres have at least 1.6mm tread and correct air pressure.
- Ensure vehicle fluid levels at the appropriate levels e.g. oil & washer fluid.
- Ensure vehicle meets all Road Traffic Act requirements.

To book...

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