



Trusted Training  
& Compliance



# On Road Driver Coaching and Workshop Cars

## Course Overview

- Our flagship and most effective training course.
- A hybrid of workshop and on-road driver coaching session, designed to develop competence and confidence on the road as well as promote a positive attitude towards driving by guiding the driver through proven defensive driving techniques.
- Workshop content covers essential content such as hazard and speed limit recognition and prepares delegates for the on road driver coaching.

## Delivery Formats

### Duration

7.5  
hours

### Delegates

1  
driver

or

2  
drivers

# Course Outline

## Introduction

- Driving licence and eyesight checks.
- Explain this is not a test.
- Define objectives and identify specific training needs.
- Setting general goals for the session.

## Driver workshop & coaching

- Focus on COAST – Concentration, Observation, Anticipation, Space & Time.
- Factors effecting driver performance – drink, drugs, fatigue and distractions.
- Defensive driving – correct use of mirrors, positioning and holding back where necessary.
- Hazards recognition.
- Identifying speed limits and speed control.
- Driver coaching on all road types; rural, urban and multi-lane fast roads.
- Safe following distance.
- Parking & manoeuvring – where and how best to park safely.

# Course Review



What drivers are taking away.



Complete and discuss the training report.

# Logistics

- Our delivery is facilitated both in a classroom and in-vehicle.

## In order to facilitate the training:

- A suitable room to comfortably seat all attending
- Drivers to be able to read a number plate from 20 metres in good day light with or without corrective vision.
- Produce their driving licence or if they do not have it with them, agree to undertake a check with the DVLA.
- Vehicle meets all Road Traffic Act requirements

## To book...

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