

Driver Post Collision/Incident On-road Coaching & Workshop

Developing safer driving behaviours to reduce on-road incidents and getting drivers back on the road

- Duration: 7.5 hours
- Delegates: 1
- Format available

Classroom workshop followed by on-road coaching



ttc

Overview

Experiencing a collision or road incident is a traumatic experience for any driver and can have a detrimental effect on their confidence, well-being and future safety while driving.

The Health & Safety Executive now deem incidents and injuries following a road traffic collision as being an 'at work' injury and should be investigated by the employer.

After a collision, consideration should be given to business driving and working practices and if any changes to policy or additional advice or driver training is required to mitigate risk.



At the end of the coaching/workshop, drivers will be able to:



Explain why employers have a duty of care to employees following a collision or incident



Demonstrate safe driving practices and implement the C.O.A.S.T. approach to driving



Demonstrate restored confidence in driving



Reflect on the causation factor of their collision or incident and could they have done something differently to avoid the incident?



Identify where most collisions occur and how to mitigate risk

Delivery method

The course is facilitated by a professional fleet trainer who will get to know your driver by discussing their collision or incident and establishing their personal requirements from the course.

The course involves a 2 to 3 hour discussion and theory session followed by practical on-road training.

Where convenient and if beneficial, the driver can revisit the location of the incident.



Coaching and workshop benefits



Reduce your drivers' risks

Coaching will restore any loss in confidence and reduce driver risk of a second collision



Meet your duty of care

This course is designed to help you meet your duty of care obligations for those drivers involved in a collision or serious incident



Improve your drivers' confidence, on-road competence, knowledge and mitigation strategy to reduce risk

- Improve driver health and well-being following a collision or serious incident
- Review working and driving practices within the business to improve safety
- Making safe driving part of everyday life

Who should attend?

Anybody involved in a road traffic collision/incident or following a series of collisions.

All vehicle categories covered.



Coaching and workshop outline

Discussion around the drivers' collision or incident

Explore the factors leading up to, during the after the collision.

- Review of collision report and drivers' description
- Nature of the journey, start time that day, what happened the day before...
- What does the driver consider was the primary causation for the collision or incident?
- On reflection could they have done something different
- Revisit the scene if it is beneficial to the course

Factors affecting driving performance

Explore the factors that can affect driving performance

- Health & Fatigue
- Drug driving, Alcohol and the 'morning after' scenario
- Distracted driving (mobile phone, in-vehicle technology)

Safe driving

- Pre-journey safety checks (recognising risks)
- Defensive driving and recognising hazards
- COAST (overcoming barriers, time/stress management)

Effective speed management

Remind drivers of the UK speed rules and the importance of using appropriate speed.

- Recognition of speed limits
- Defining appropriate speed
- Speed limits for different vehicles
- Motorway rules
- Scenarios (apply principles of COAST)

Coaching – setting the scene

- Explain this is not a test or punishment
- Part of the organisations duty of care
- Define personal objectives

Initial assessment

- Driver's normal working environment
- Environments – urban, rural, dual-carriageway, motorway
- Comfortable and challenging routes

Debrief and discussion

- Driver's comments about their drive
- Areas to work on aligned to objectives
- Benefits and consequences
- Agree 3 primary objectives

Coaching session

- Bite-sized, driver-centred learning
- Discuss progress
- Set additional objectives if appropriate
- Undertake parking and manoeuvring exercises
- Avoidance of 'damage while parked'
- Encourage commentary-style driving

Course review

- Discuss outcomes
- Revisit 'what do you want to get out of today'
- Advice for ongoing development/improvement

Logistics

Our Post Collision course is facilitated both in a classroom and in-vehicle. To facilitate the **classroom element** we will need:

- A room big enough to comfortably seat all attending
- A wall to project an image onto
- Flipchart and pens
- Suitable toilet facilities
- Refreshments

For the practical **in-vehicle** training we will need:

- A suitable vehicle
- A roadworthy and legal vehicle
- Participants to read a number plate from 20 metres
- Our trainer to be insured to drive the vehicle during any time of the course



To book

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Developing safer driving behaviours

