

# On-Road Driver Coaching

Developing safer driving behaviours to mitigate on-road incidents

- Duration: 3.5 hours
- Delegate numbers: 1
- Formats available:

On-road coaching



# Overview

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This one-to-one driver coaching is designed to determine the driver's risk areas for the category of vehicle they drive. An initial assessment to identify gaps and set goals will be followed by a bite-sized practical session to optimise and reinforce key training objectives.

The driver will be coached to overcome barriers, apply eco-driving techniques and focus on relapse prevention, supporting your company to reduce running costs, collision rates and protect against reputational damage.

The driver will also be provided with advice for ongoing development.



# At the end of the coaching session, drivers will be able to:

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Recognise the need to change behaviour by identifying and achieving objectives and setting goals for the future



Commence the habit of good observation, anticipation, planning and apply fuel-efficient driving techniques



Explain and demonstrate safe parking and manoeuvring practices, overcome personal barriers to safe driving, develop and apply enhanced hazard awareness skills



Identify varying speed limits for the vehicle category and road type and apply appropriate speed for the conditions



# Delivery method

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The coaching is facilitated by a professional driver coach who will determine the driver's level of knowledge, experience and personal objectives before assessing their on-road driving and providing advice for ongoing development.

“I would like to say how valuable and thoroughly enjoyable I found my driver development session. From the outset I had every confidence in my instructor and the clear aims and objectives of what I expected to gain... It was money well spent”

Marina Jones

On-Road Driver Coaching



# Coaching session benefits

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## Reduce your drivers' risks

Coaching will reduce driver risk, collision rates, fleet costs and reputational damage



## Meet your duty of care

Our courses are designed to help you meet your duty of care obligations



## Improve your drivers' on-road competence and knowledge

- Speed recognition management
- Overcome barriers to driving performance
- Hazard awareness and forward planning
- Eco-safe driving



# Who should attend?

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Anybody who drives a vehicle for work purposes, including cars, vans, LCV (Light Commercial Vehicle), LGV (Large Goods Vehicle) or PCV (Passenger Carrying Vehicle).



# Driver coaching session outline

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## Introduction

### Setting the scene

Explore typical driver behaviour, how others and how your/their actions can affect the way you react.

- Explain this is not a test
- Safe and fuel-efficient driving
- Consequences of bad driving
- Define objectives and identify specific needs
- Setting general goals for the session

### Initial assessment drive

Carried out ideally in a setting typical to the driver's normal working environment.

- Identify barriers (setting graded tasks)
- Suggest areas for improvement (different way of driving)
- Benefits (role model) and consequences (avoid relapse)
- Agree 3 objectives (what success looks like)

## Coaching sessions

Safe and fuel-efficient driving will be defined and explored.

- Demonstration drive if required and trainer insured by client
- Bite-sized, client-centred learning
- Discuss progress (have realistic and achievable objectives been met in the time allowed?)
- Setting additional objectives if required

## Parking and manoeuvring

How and where best to park to avoid damage and risk.

- Reverse bay parking
- Parallel parking
- Recognise benefits

## Course review

- What drivers are taking away
- Complete and discuss the training report
- Revisit 'what do you want to get out of today'
- Advice for ongoing development



# Logistics

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In order to facilitate a On-Road Driver Coaching session participants will need to:

- Be able to read a number plate from 20 metres in good day light with or without corrective vision
- Produce their driving licence or if they do not have it with them, agree to undertake a check with the DVLA
- Ensure vehicle lights and warning instruments to be in good working order
- Ensure vehicle tyres have at least 1.6mm tread and correct air pressure
- Ensure vehicle fluid levels at the appropriate levels e.g. oil & washer fluid
- Ensure vehicle meets all Road Traffic Act requirements





# To book

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