

# Speed Management Workshop

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Developing safer drivers and managing the risk of speed-related incidents

- Duration: 3.5 hours
- Delegates: up to 16 drivers
- Price: Available on request
- Format: Classroom interactive workshop

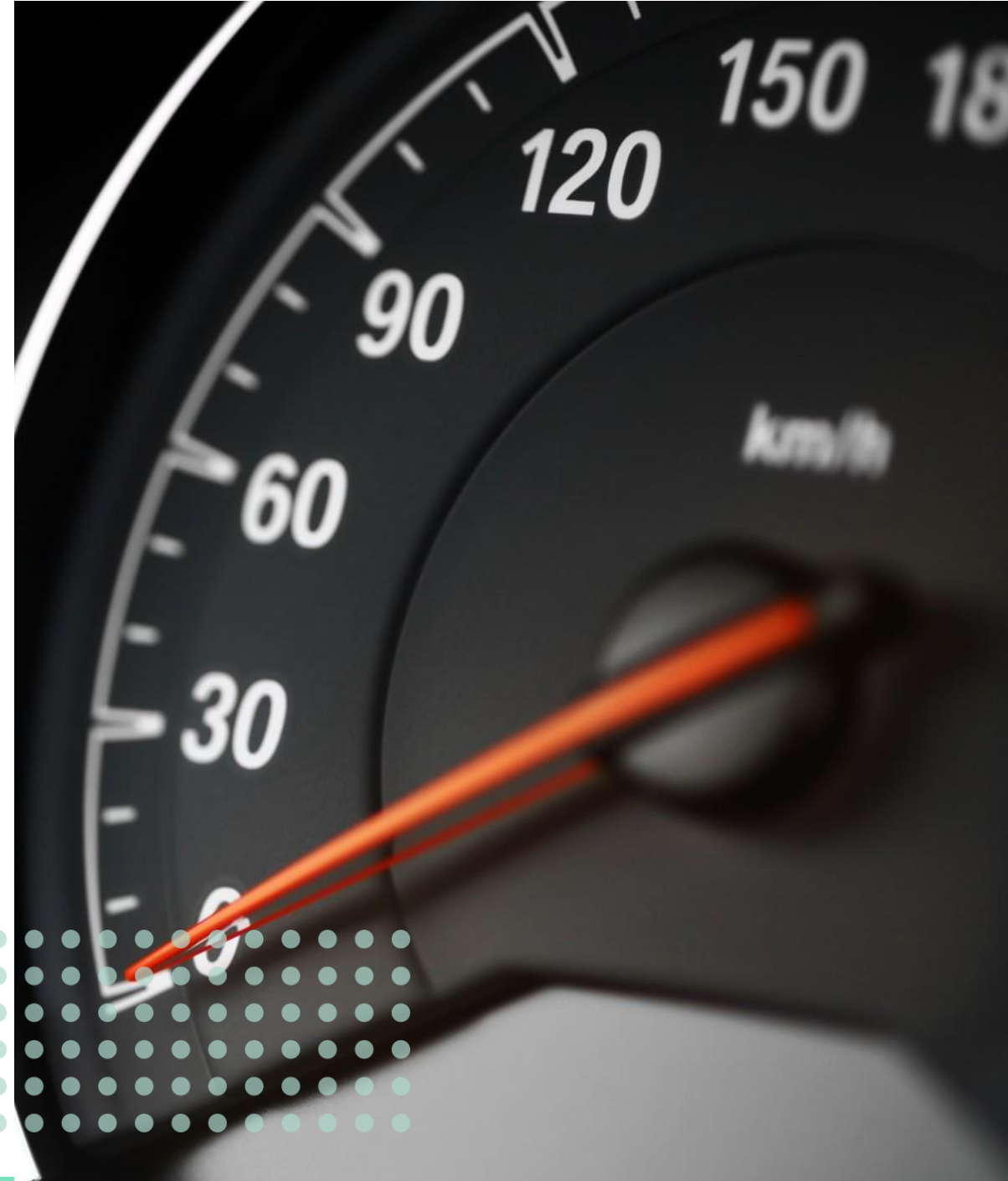


# Overview

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This interactive workshop encourages drivers to adopt a personal awareness strategy to prevent lapses leading to misuse of speed, which cause a third of all collisions. Drivers will gain an enhanced appreciation of the need to manage speed, recognise posted limits and select a gear appropriate to the prevailing conditions.

Drivers who observe, anticipate and plan experience fewer incidents and, in turn, your company will benefit from a reduction in fuel consumption, vehicle maintenance, reduced collisions and insurance premiums.



# At the end of the workshop, drivers will be able to:

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Recognise the commercial and financial costs of an incident and explain how driving behaviour can impact on other road users



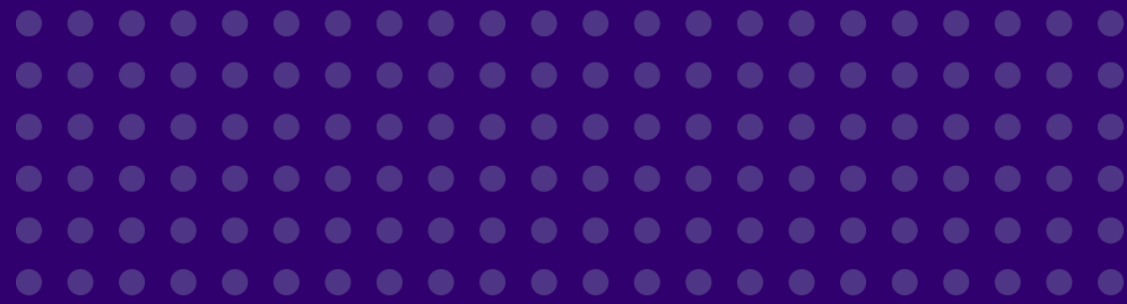
Develop eco-safe driving skills and the importance of good observations, anticipation and forward planning



Explain the benefits of adopting a speed-aware action plan and how to identify varying speed limits in the absence of any signs



Explain speed limit rules for different vehicles and roads, identify causes of speeding and the potential consequences of an incident or prosecution



# Workshop benefits

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## **Reduce your drivers' risks**

Workshop will reduce driver risk, collisions, fleet costs (insurance premiums, fuel, vehicle) and reputational damage



## **Meet your duty of care**

Our courses are designed to help you meet your duty of care obligations



## **Improve your drivers' on-road competence and knowledge**

- Causes and consequences of speeding
- Hazard perception, observation and forward planning
- Motorway rules



# Delivery method

The workshop is facilitated by a professional driver trainer who will fully engage with participants to maximise the learning experience, draw out their views and opinions.

“Every staff member had a positive response to the training and information was delivered in a understandable manner; attendees felt safe to discuss their individual behaviour and to partake in exercises and ask questions”

**Susan Moore**, Glosta Engineering



# Who should attend?

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Anybody who drives a vehicle for work purposes, including cars, vans, LCV (Light Commercial Vehicle), LGV (Large Goods Vehicle) or PCV (Passenger Carrying Vehicle).

## Workshop outline

### **Behavioural aspects of driving**

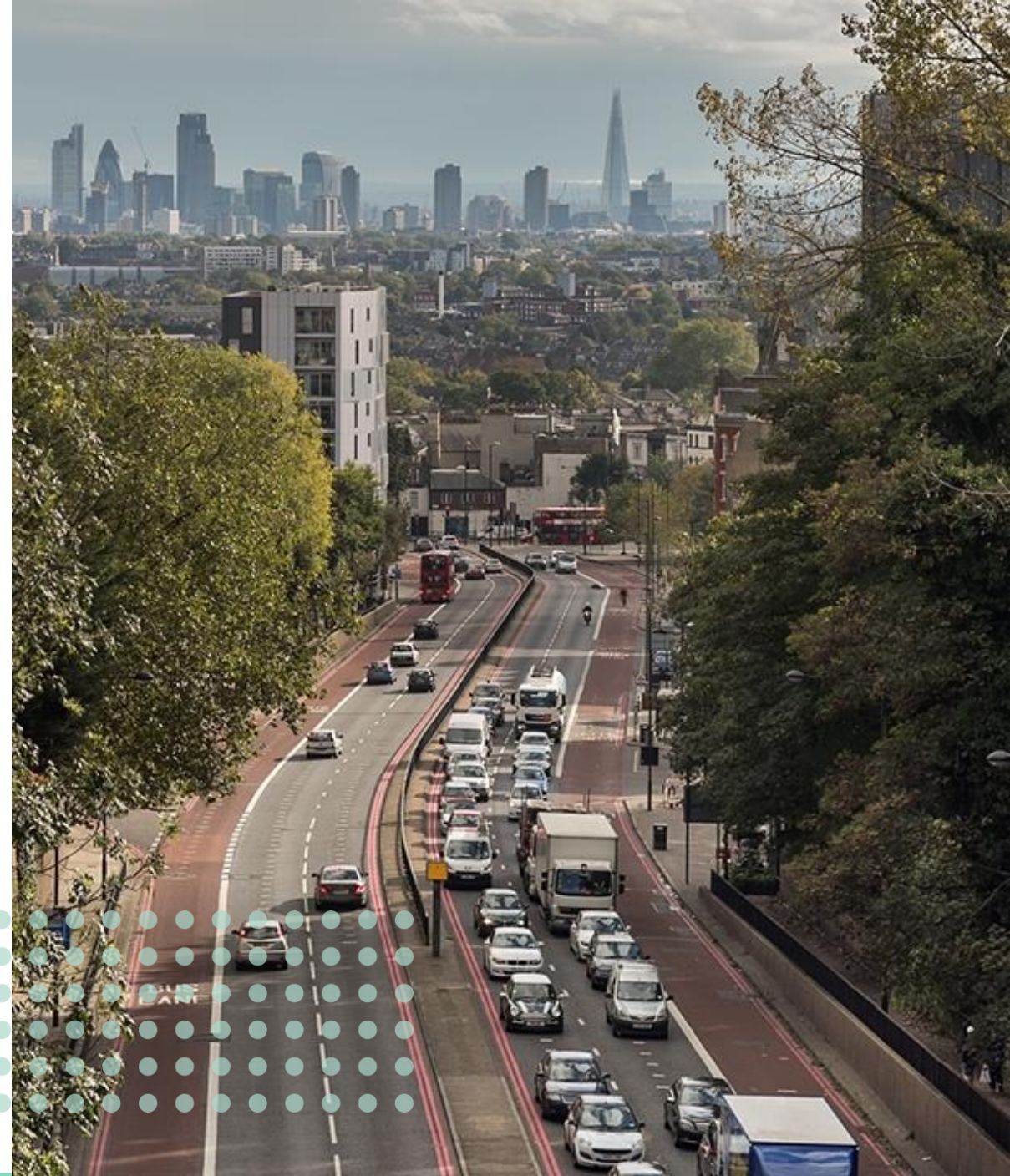
Analyse the causes and consequences of speeding – a common factor in a third of on-road collisions according to police collision stats.

### **Safe driving strategy**

Failing to look properly is a key contributory factor in collisions. We encourage the use of COAST.

### **Effective speed management**

Recognise the speed limit when it is not apparent and the importance of appropriate speed.



# To book

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